

Dapto Public School

We Work as a Team

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Dapto Public School Bicycle Policy

Students travelling to and from school need to feel and be safe

- The Department of Education and NSW Roads and Traffic Authority recommends that children under 10 years of age do not ride bicycles to or from school unless accompanied by an adult.
- 2. Students must correctly wear a Standards Australia approved bicycle helmet at all times when in control of a bicycle.
- 3. Bicycles ridden to school must be in good, safe working order.
- 4. Bicycles must be fitted with a bell.
- 5. All RTA road rules concerning bicycles are to be followed. This includes a pedestrians' right of way on footpaths. The bell should be used as a warning when approaching pedestrians.
- 6. Students are to dismount before entering the school grounds and walk their bicycles whilst on site. Entry and exit points are only through the Sierra Drive gate closest to the bike racks.
- 7. Bicycles are to be stored in the bike rack. Bicycles must be locked with a locking device supplied by the bicycle owner.
- 8. Bicycles and helmets are brought and stored on site at the owner's risk.
- Students must return to school a completed Bicycle Users Contract each year before riding to school.
- 10. Parents will be notified if students do not adhere to the School's Bicycle Policy.

Please Note: Skateboards, scooters and rollerblades are not permitted at Dapto Public School

Bicycle User's Contract

- I have read and understand the bicycle information provided (Dapto Public School's Bicycle Policy and A Road Safety Notice for Scooters, Bicycles and Skateboards).
- I understand that it is a joint responsibility between my parents and I to keep the bike well maintained with all component parts working correctly.
- If I am under 10 years old I will be issued a <u>supervised Bicycle License</u> which means I <u>must</u> have a parent accompanying me to and from school at all times.
- I will wear my Standards Australia approved helmet correctly when riding a bicycle to and from school.
- I will ride in a safe manner to and from school, observing all road rules concerning bicycles.
- I understand that I bring my bicycle to school at my own risk and will secure it with a locking device in the bike rack.

Signed (child):		
Signed (parent):		
Date:		
Please return this contract to school. It w	ill be copied and returned for you	ur reference
	Bicycle Permission I	Note
I give permission for:and from school.	-	(date of birth) to ride his/her bicycle to
My child is 10 years of age or c	older	
understand that they will be is adult accompanying them to a	sued a <u>supervised Bicycle Lice</u> nd from school at all times. the bicycle information provid	My child is under 10 years old and I ense which means that they must have an led (Dapto Public School's Bicycle Policy and
·	e bicycle information provided	d (Dapto Public School's Bicycle Policy and A
	-	k my child's bicycle for roadworthiness and maintained with all component parts
 My child will correctly wear a school. 	a Standards Australia approve	d helmet when riding a bicycle to and from
• I understand that bicycles are	e brought to school at the ow	ner's risk.
Signed:		
Relationship to child:		
Date:		

Please return this bicycle permission note to school

A Guide to Bicycle Maintenance: Six Point Safety Check

Feature	What are you checking for?	How does this bicycle rate?
Tyres	 Firm tyres Tread not worn and no canvas showing No bulges or cuts 	
Bell	Rings clearly and loudly	
Pedals	Rotates freely when spun	
	Rubber not showing signs of wear	
Lights and reflectors	Secure, clean and shine brightly	
Brakes	Blocks not worn down when brakes applied	
	Bike wheel does not rotate when brakes are applied	
Chain	Does not move more than 2.5cm when lifted	
	Is well oiled	
Size of bike (see information below)	Correct size for rider	

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What is the right size of bicycle?

The right size of bicycle:

- has controls within reach
- is comfortable for the rider
- has a level seat
- the rider's feet should just touch the ground when the rider is sitting on the seat
- handlebars should allow for the arms to be slightly bent as the body leans slightly forward
- the bicycle is the right size if the rider can straddle the crossbar with both feet flat on the ground, otherwise the bicycle is too big and therefore, unsafe. There should be about 3 cm between the bicycle and the rider's crutch for a medium or lightweight bicycle. For a BMX or mountain bike there should be a 10 cm gap. If there is no crossbar, make the test from where the crossbar would be.